



WS 1- Injectable Toxin Basics

This focused session will elaborate on the basic aspects of toxins, and its variants available for clinical use. In-depth anatomy will be dealt to prepare participants for more precise treatment. Various aesthetic and clinical indications, injection techniques, tips and tricks to optimize results and avoid complications will be briefed. Recognition of complications and appropriate treatment will also be dealt in this session.

WS 2- Injectable Toxin Advanced

For those who are already using toxin in their clinical practice, this session focusses on taking the practice to next level by training for lesser-known indications in aesthetic practice. Participants will gain insights on facial remodeling with toxins by addressing temples, gummy smiles, masseter, chin and neck. Relevant anatomy, injection techniques will be dealt with focus on various techniques to improve results. Discussion with distinguished faculty will help participants to integrate these techniques with other aesthetic procedures.

WS 3- Injectable Fillers Basics

This session is intended to equip all participants with basic knowledge of fillers and instill the confidence to start practicing injectables right away!! Various types of fillers, their properties, and choosing the right product for the right indication will be discussed in this session. Practical anatomical considerations for delivering the best result and avoiding complications will be dealt. Various techniques to inject midface, nasolabial folds, tear trough and marionette lines will be focused. The main highlight of this session will be an elaborate panel discussion on practical aspects of starting and sustaining filler practice and complication management.

WS 4- Injectable Fillers Advanced

This is an exciting session to master the skill of injecting fillers. There will be elaborate discussion on various techniques to contour face by treating the imperfections of temple, chin, jawline and lips. Modification of techniques to give impressive results in men will be a focus in this session. Extensive discussion on the same will empower participants with sufficient knowledge and confidence to prevent complications and treat them timely and effectively.

WS 5- Dermatosurgery 1 Basics

This session will help participants understand the principles, indications, and stepwise techniques of basic excision and skin biopsy methods. Various types of suturing techniques, modes of electrosurgery, cryosurgery, intralesional injections and their application in dermatological conditions will be discussed. Emphasis will be laid on common pitfalls in office dermatosurgery and expert tips for optimizing patient safety and procedural success.

WS 6- Dermatosurgery 2 Advanced

This session will cover scar revision surgery (W, Z, M plasty), keloid surgery, earlobe repair techniques and blepharoplasty. Indications, various steps involved in planning & procedure, complications and its prevention/management will be dealt. Challenging surgical cases will be discussed through expert-led panel interaction to improve decision-making and execution skills of participants.

WS 7- Acne scar surgery

This session focusses on management of Acne Scars including assessment of acne scars, case selection and step wise procedural management (Video demonstration of various surgical modalities and Energy based devices). Subcision technique (conventional, bilevel, RF subcision), punch techniques (floatation, ggrafting and excision), dermal grafts, fat transfer, SVF and more will be dealt in detail. Challenging case scenarios and approach to combination techniques will be discussed by a panel of experts which will enable participants to develop a patient specific tailored approach in their practice.

WS 8- Vitiligo surgery

This session will include case discussions, expert videos, and practical takeaways on different types of Vitiligo surgeries such as tissue grafting (minipunch grafting and its modifications, suction blister grafting and follicular grafting) and cellular grafting (ECS, FCS and its modifications). Case selection and selection of surgical techniques based on case and how to modify the treatment strategies will be dealt in detail. Also, the real world protocols of NB-UVB & Excimer to maximize the results will be discussed. Participants will be able to personalize treatment plans with confidence using topicals, immunomodulators & biologicals along with surgical options after this session.

WS 9- LASERS – LHR

This session will give participants a comprehensive understanding of different types of LASERS and lights used for hair removal (Long pulsed Nd YAG, Alexandrite, Diode and IPL). Principles of LASER technology, safety protocols, patient selection criteria, potential complications and their management will be discussed. Practical approach to examination and management of hirsutism and line of action when a patient with hirsutism walks-in will be covered.

WS 10- LASERS – Pigment lasers

In this workshop participants will learn the importance of proper patient selection, treatment planning, and safety precautions to achieve optimal results and minimize risks while tackling various pigmentary disorders using LASER technology. Optimization of treatment parameters and techniques for targeting specific concerns such as Nevus of Ota, melasma, freckles, and tattoos will be discussed. This session will also cover various types of LASER toning and modifications, modifications in tattoo removal and management of LPP pigmentation. The session will conclude with expert panel for combination treatment and protocols, managing treatment in sensitive areas and addressing all the queries of delegates.

WS 11- EBD

This workshop will provide a comprehensive understanding of various energy-based technologies, different types of radiofrequency (RF) devices including MNRF and Tixel and high-intensity focused ultrasound (HIFU), IPL and FMS. Participants will learn about the principles, applications, and safety considerations of these devices for treating a range of aesthetic concerns, such as skin rejuvenation, facial and body contouring. By understanding the mechanisms of action, treatment parameters, and potential complications, participants will be equipped to make informed decisions and optimize treatment outcomes.

WS 12- Procedural Trichology

This workshop will cover all office-based procedures for assessment and management of hair loss. It includes trichoscopy, autologous blood based regenerative therapies, autologous cell based regenerative therapies-autologous follicular cell based therapies and SVF, injectable therapy (stem cell mesotherapy, dutasteride and bicalutamide injections) and exosome therapy for hair loss. Also scalp threads, various LASERS for hair growth (LLLT, 675nm and fractional lasers) will be discussed in this session.

WS 13- Chemical peels

This workshop will educate participants on various aspects of chemical peels, including their application on different body parts such as the neck, axilla, intimate areas, body, peri-orbital and peri-oral regions, elbows, and knees. Participants will learn about newer peels and their combinations with other technologies like MNRF, Q-S laser, and fractional laser. The workshop will also cover sequential peels and combination peels through a panel discussion, enabling participants to understand the nuances of chemical peel treatments and their effective application in various clinical settings. By the end of the workshop, participants will be able to design and implement chemical peel treatments tailored to individual patient needs.

WS 14 - Thread Lift

This workshop covers various aspects of thread lifts, including types of threads, indications, complications, and post-care. Step wise video demonstration for mid-face lift, jawline contouring, neck rejuvenation, and skin rejuvenation will be done. Managing acne scars with threads – mono threads to screwed threads will be discussed. Also usage of mono threads for rejuvenation and use of barbed cog threads with variations like cannula, needle and double needle and more will be dealt in detail. A panel discussion explores the role of thread lifts in dermatology, covering indications, limitations, evidence-based outcomes, and legal considerations.

WS 15 - Nail surgery

This session will include understanding anesthesia and nerve block techniques, administering intramatrix injections and Bleomycin for periungual warts, performing nail matrix, nail bed, and nail unit biopsies, and executing partial and complete nail avulsion. Additionally, participants will learn about pincer nail surgery and crescentic excision for paronychia, as well as surgeries for nail tumors by experts, ultimately and panel discussion to enhance proficiency in nail surgery.

WS 16- Dermoscopy

This session will give an overview of Dermoscopy in various dermatological disorders. Session will begin with basic principles of dermoscopy, handling of equipment & its accessories and move on to recorded videos with live assessment of a variety of pigmentary disorders, inflammatory conditions, hair disorder and conclude with panel discussion by experts on 'How to incorporate dermoscopy in daily practice?'

WS 17- Pediatric dermatology- Immuno-suppressants in clinical practice – Case based discussion

The learning objectives of this workshop include understanding the role of immunosuppressants in pediatric autoimmune and auto inflammatory conditions, analyzing real-life case scenarios, and learning how to tailor immunosuppressive therapy to individual patient needs.

Participants will also gain knowledge on the safety and monitoring of immunosuppressive therapy in children, including potential side effects and strategies for managing adverse effects.

Through case-based discussions and interactive sessions with faculty, participants will develop critical thinking skills and learn to apply evidence-based guidelines to clinical practice, ultimately improving their decision-making abilities in the use of immunosuppressants in pediatric dermatology.

WS 18- Regenerative therapy-PRP/Exosomes/PDRN

This workshop will help participants understand the science and mechanisms of action of PRP, PDRN, and exosomes. It will include clinical indications, patient selection criteria and preparation protocols/handling techniques for abovementioned therapies. Also, recognition and management of complications, treatment limitations, and patient expectations will be discussed. Safe and effective injection techniques will be dealt in detail through recorded videos and combination protocols with microneedling, lasers, LLLT, or threads for enhanced clinical outcomes will be discussed.

WS 19 - Intradermal therapy/Lipolysis

This workshop will shed light on principles and mechanisms of lipolysis, including the use of injectable treatments for fat reduction and body contouring. Participants will learn about the different types of lipolytic agents, such as deoxycholic acid and phosphatidylcholine. Understand the indications and contraindications for lipolysis, including submental fat, body contouring, and fat reduction.

Develop skills in administering lipolytic injections and managing potential complications, such as swelling, bruising, and skin irregularities.

WS 20 - Microblading/Camouflage

The learning objectives of this workshop include understanding the history, current trends, and various types of brow permanent make up (PMU). Participants will gain insights into microblading and micro shading techniques, including the instruments and methods used, ideal patient selection, procedural steps, and post-operative care. Participants will also learn about customizing brow designs according to individual patient needs using the golden ratio and understanding potential complications. Additionally, the workshop will cover training aspects, such as setting up a practice, choosing appropriate techniques for patients, and addressing PMU in dermatological conditions.

WS 21- Skin /face analysis

The learning objectives for the workshop on skin/face analysis are to understand the various technologies and techniques used in skin imaging and analysis, including Fotofinder, Antera 3D camera, Canfield 3D imaging, and Visia imaging. Participants will gain knowledge on how to utilize these tools to assess dermatology conditions, quantify imaging, and record treatments. The workshop will also cover the role of AI in skin imaging and online skin analysis, as well as provide practical tips on how to take high-quality images using imaging gadgets and dermoscopes.

WS 22- Aesthetic studio

The Aesthetic Studio session features a series of presentations and discussions focused on the integration of technology, wellness, and dermatology in medspa practices. The learning objectives of this session include understanding the role of dermatologists in medspa settings, exploring the future of medspa by ethically integrating technology and wellness, and examining the feasibility of building a medspa within a dermatology practice. Additionally, participants will gain insights into licensing and regulatory considerations, including training and delegation, medspa revenue versus clinical credibility, pricing strategies, and patient communication. The session also includes a mini debate on whether medspas should be run only by dermatologists, with arguments for and against, and a moderator wrap-up on collaborative models and minimum safety benchmarks. Overall, the session aims to provide a comprehensive understanding of the medspa industry, its challenges, and opportunities, and to equip participants

WS 23- Photography

This workshop focusses on understanding the principles of clinical photography, learning how to capture high-quality images for documentation and presentation, and exploring the role of photography in dermatological diagnosis, treatment, and patient education. Participants will also gain insights into best practices for photography in dermatology, including equipment selection, lighting, and composition, as well as the importance of consent and confidentiality when photographing patients

WS 24 - Autologous fat grafting

The learning objectives of this workshop include understanding patient selection and evaluation for fat transfer, mastering step-by-step fat harvesting and refining techniques, and learning about fat filling for dermatological defects, such as Morphea, hemi-atrophy, and large defects, as well as acne scars. Additionally, participants will gain knowledge on using fat as a filler for cosmetic indications, hand rejuvenation, and understanding potential complications. The workshop also delves into the preparation of microfat, nanofat, and SVF, and discusses the longevity of results, off-label fat indications, and the importance of training and safety protocols.

WS 25- Office based procedures

Office based procedures include video demos, understanding the indications, contraindications, and techniques for various dermatological procedures such as wart immunotherapy and chemotherapy, incision and drainage of abscesses and cysts, ear and nose piercing, and procedures for active acne, milia, and molluscum contagiosum (MC). It includes management of xanthelasma, steatocystoma, melanocytic nevi, syringoma, pyogenic granuloma and lichen amyloidoses and practical tips to perform these procedures safely and effectively.

WS 26- Diagnostic tests

The session aims to cover the principles, procedures, and interpretations of different diagnostic tests, enabling participants to accurately diagnose and manage various dermatological conditions. It includes eliciting and demonstrating bedside diagnostic tests and signs for Immunobullous disorders, Papulosquamous disorders, Urticaria, Hair diseases and disorders and Fungal infections of skin and nail. By the end of the session, participants are expected to be able to apply their knowledge of diagnostic tests to real-world scenarios, critically evaluate test results, and develop a comprehensive understanding of the role of diagnostic tests in patient care. Specific topics such as ASST, patch testing, photo patch test, prick testing, nerve examination, slit skin smear and their practical applications will be dealt in detail.

WS 27- Hair transplantation

Video WS on hair transplantation includes understanding patient selection and counselling, OT preparation and instrumentation, anaesthesia techniques, donor area planning and graft harvesting, designing the recipient area, and implantation techniques. Additionally, the session aims to cover the integration of regenerative medicine with hair transplantation, including its application before, during, and after surgery. The topics also encompass various aspects of hair transplantation, such as cicatricial alopecia, eyelash, beard, and eyebrow transplantation, providing a comprehensive overview of the subject.

WS 28 - Procedures for Hidradenitis suppurativa HS and Hyperhidrosis

This workshop provides an overview on clinical evaluation and mapping of Hidradenitis Suppurativa (HS) and hyperhidrosis, and to learn about various treatment procedures. These include basic rescue procedures such as intralesional therapy, deroofting, marsupialization, curettage, and excision, as well as adjuvant therapies like LHR and MNRF. Additionally, the session aims to educate advanced procedures including flaps and grafts, and the use of devices for hyperhidrosis like iontophoresis and Mira dry. The session also covers the use of toxins for axillary, palmoplantar, and other areas, and concludes with a discussion on therapeutic choices.

WS 29- Periorbital Rejuvenation

The learning objectives of the Periorbital Rejuvenation course include mastering various techniques for rejuvenating the area around the eyes. The course covers topics such as exfoliation, toxin rejuvenation, hydrating and lifting concepts, regeneration, and the use of lasers. Specifically, participants will learn about different peels, their advantages and complications, as well as techniques for crow's feet, brow lift, and microtoxin. They will also gain knowledge on tear trough fillers, skin boosters, and subdermal RF for under-eye bags, including relevant anatomy and potential complications. Additionally, the course will cover PRP, PDRN, and exosomes, as well as thread lift for the periorbital area.

WS 30 - Hand Rejuvenation

The workshop covers a range of topics, including peeling the problem, lightening and tightening, volume rewinding, and glow shots for hands. The specific learning objectives include understanding chemical exfoliation products, techniques, and complications; utilizing lasers and lights for pigmentation and rejuvenation; selecting appropriate fillers based on product, anatomy, technique, and potential complications; and exploring skin boosters such as PRP, PDRN, and beyond. Additionally, the course delves into fat graft techniques, tricks, and complications for long-lasting volume restoration in hands.

WS 31- Mucocutaneous Rejuvenation - Lip and intimate area rejuvenation

The learning objectives focus on lip and intimate area rejuvenation, include understanding various techniques and technologies for rejuvenation, such as LASERS, lip fillers, chemical peels, and botulinum toxin. Participants will learn about the role of fat and fillers in intimate areas, regenerative intradermal therapies, and the use of PRP, PDRNS, and exosomes. The course aims to equip attendees with knowledge on indications, anatomy, products, techniques, tricks, and complications associated with these treatments, as well as discussions on the latest advancements in the field.

WS 32- Neck Rejuvenation

The learning objectives of neck rejuvenation cover a range of topics including the use of botulinum toxin for addressing neck lines and bands, fillers for the neck, energy-based devices and lasers for rejuvenation, threadlift procedures, and intradermal therapies such as PRP, PDRN, and exosomes. Additionally, the course includes a case-based discussion, suggesting a practical approach to learning.

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WS 37- Flap and plasty

This workshop is focused on understanding various techniques related to flaps and plasty. It includes principles of flaps - advancement flaps, rotation flaps, transposition flaps, and Z, W plasty and Geometric broken line closure- A step wise video demonstration. Participants will gain insights on the fundamental principles, designing, execution of different types of flaps used in surgical procedures, as well as more advanced techniques such as Z and W plasty followed by a panel to discuss the case scenarios.

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